

Jesus Sanchez  
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#### Education

- 2009-2013 California State University, Sacramento  
Masters of Science in Counseling Education, Marriage and Family Therapy Emphasis.
- 2004-2006 University of Texas, El Paso  
Masters of Arts in History, Borderlands Emphasis
- 1999-2004 University of California, Davis  
Bachelor of Arts in History and Chicana/o Studies, Native American Studies Minor.

#### Work and Experience

- 2014-Present *Marriage and Family Therapist Intern, Middle Way Health, Sacramento, CA*  
Therapist Intern providing traditional psychotherapy, along with Mesoamerican approaches to healing. Working currently with youth and adults on implementing practices of self-care, coping mechanisms, controlling anxiety, and engaging in mindful and ritualized processes for stress reduction.
- 2013-Present *Counselor, Yolo Family Resource Center, Woodland, CA*  
Serve as a counselor to three continuation and alternative schools, in addition to one traditional high school in Woodland, California. Cases ranging from early parenthood, depression, anxiety, sexual identity development, and anger management. Currently work in connecting needy students with wrap around resources.
- 2012-2013 *Marriage and Family Therapist Intern, Lighthouse Counseling and Family Resource Center, Lincoln, CA*  
Served as a Therapist Intern for a year-long field placement. Provided therapy for various demographics within the Lincoln community, such as at risk children from grade levels of K-5, Spanish speaking clients, couples, women facing domestic violence, and recent retirees. Participated in weekly group and individualized supervision, implemented treatment plans, organize Pro-Social Skill group therapy sessions, managed case records, and worked on referrals for needed family and individual services.
- 2011-2012 *Recruitment Coordinator, Center for Transnational Health, UC Davis*  
Through a partnership with the California Department of Public Health, organized recruitment strategies to disseminate information regarding careers within the California Department of Public Health Laboratory system throughout the state and nation. Served as an advisor to 20 doctoral candidates within the field of Public Health Microbiology

supported by our program, and 5 post-doctoral candidates, also supported by our program.

2006-2010

*Central Valley Project Manager, Youth In Focus, Sacramento, CA*  
Developed partnerships with community based organizations, non-profits and schools to successfully conduct youth-led projects. Trained, advised, and supervised youth and adults in Youth REP (Research, Evaluation and Planning) curriculum to implement youth-led research projects in the Central Valley that addressed LGBTQ youth issues , educational equity and youth justice issues.

2006-Present

*Board member and Assistant, Sol Collective, Sacramento, CA*  
As an artists and community board member, I have worked in the capacity as a grant writer, strategic planner, and arts educator for our various community workshops and programs.

2006-2009

*Volunteer Youth Group Adult Facilitator, Sacramento Gay and Lesbian Center, Sacramento, CA*  
Facilitated weekly LGBTQ youth groups, organized arts activities, dances and socials.