



Purpose

This support group is for you to:

- Interact with others who may be experiencing similar challenges
- validate what you are going through
- help process your feelings and emotions

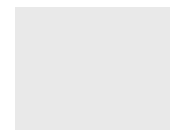
This group is for adult pet-parents

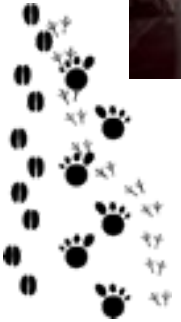
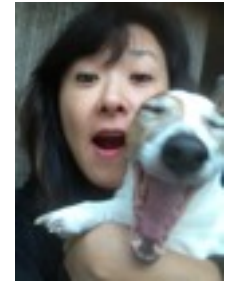
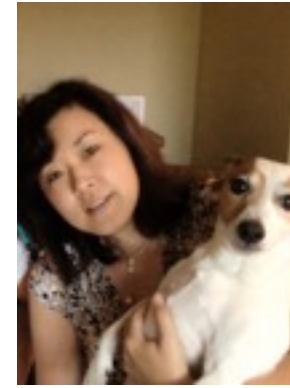
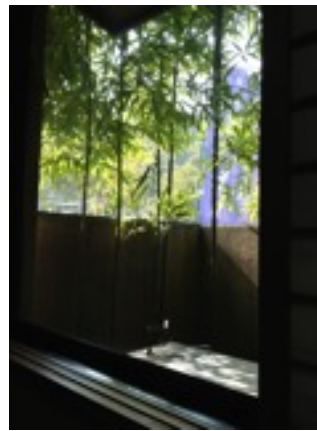
Please ask for more details at 916-492-9007
www.middlewayhealth.com

MIDDLE WAY HEALTH
708 ALHAMBRA BLVD., SUITE 100
SACRAMENTO, CA 95816

PET-PARENTS SUPPORT GROUP

FOR YOUR LOSS, GRIEF, AND
OTHER STRUGGLES





PET-PARENTS SUPPORT GROUP

View

How special they have been to you.

Somehow, you and your pet(s) met, matched, stayed, and shared some priceless moments in your life.

Many of us recognize that they taught us a lot by their unconditional love expressed merely by their behavior.

Why Pet-Parents Support Group?

We may need some special support understanding the loss and daily struggles with your pet(s) because he or she has been our bestfriend, child, buddy, healer, trusted companion, and more..

Their life expectancies are much shorter than humans. Their aging process and health related issues may arise much faster as well. That does not mean that they are less or more. Sometimes, we share a very unique relationship and the role we have for them. Overall, they give us a lot and leave their 'paw steps' behind...



**Every 2nd and 4th
Wednesday,
5:30 pm - 7 pm
Location: 708 Alhambra
Blvd., Suite 100, Sacramento,
CA 95816**

**Please contact us at 916-492-9007
www.middlewayhealth.com**

**If you like, please bring the photo of
your loved one.**

**This group is for pet-parents and no
pets are allowed.**

No fee, but donations are appreciated.

Junko Yamaguchi Quest, M.A.

**Marriage and Family Therapist Intern,
IMF 72932**

**Supervised by Stephen Bryant Walker,
LMFT, MFC 36712**



*'Everytime I read,
'The Ten Commandments of Dog Ownership'
I realize how special moments I share
and live with my four-legged son.....'*