



Adventures in Shamanism Presents:

## Ancient Ways A Shamanic Journey & Drumming Circle

Join the Circle for an evening of  
Shamanic Journeying to live drumming

**Each evening we will:**

- ◆ Create sacred space – Form the Circle
- ◆ Explore the concepts and techniques of Shamanism
- ◆ Practice the Shamanic Journey
- ◆ Enjoy community with other practitioners

The circles in May and June will be dedicated to exploring the basics. What does a shaman do & how?

**Beginners Welcome**

### At Lion's Roar Dharma Center

**Date:** 2 Thursdays evenings each month ~ 1st & 3rd

**Time:** 7:00 to 9:00 pm

**Place:** 3240 B Street, Sacramento CA 95816

**Suggested Donation:** \$20

**Bring:** A Frame Drum, a Rattle and a Bandana

**RSVP to:** Judy Lynn Taylor ~ 916-524-2590

**Please Visit:** [www.AdventuresInShamanism.com](http://www.AdventuresInShamanism.com) &

[www.lionsroardharmacenter.org/calendar](http://www.lionsroardharmacenter.org/calendar)

**Facebook:** Adventures In Shamanism



*Judy Lynn Taylor*

follows in the footsteps of our elders offering healing of spirit through soul retrieval, extraction healing, divination and guided journeys. She teaches classes and works in private practice as a Shamanic Practitioner and Certified Clinical Hypnotherapist at [www.MiddleWayHealth.com](http://www.MiddleWayHealth.com)